

Empower Your Nanny to Nurture, Connect, and Thrive

NANNY & CAREGIVER TRAINING WITH
HAVEN FAMILY CONSULTING

Even the best nannies need support.

Haven Family Consulting offers relationship-based training for nannies and in-home caregivers, helping them understand children's emotional needs, reduce behavioral stress, and build calm, connected routines.

Trainings are rooted in early childhood development, attachment theory, and reflective practice.

What Nannies Learn

- Understanding what children's behavior is communicating
- Setting gentle, consistent boundaries
- Supporting emotional regulation and co-regulation
- Building secure, trusting relationships
- Managing big feelings (theirs and the child's) with grace
- Creating rhythms that support calm, connection, and growth

When caregivers feel seen,
children feel safe.



Perfect for

-  Nannies & in-home caregivers
-  Families who want to strengthen their nanny's skills
-  Agencies wanting to offer trauma-informed, relationship-based training

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Child & Family Consultant |

Haven Family Consulting

Infant & Early Childhood Mental Health
Specialist (in training)

Serving King County, Snohomish County, and
beyond