# **Empower Your Nanny**

# to Nurture, Connect, and Thrive

## NANNY & CAREGIVER TRAINING WITH

#### HAVEN FAMILY CONSULTING

#### Even the best nannies need support.

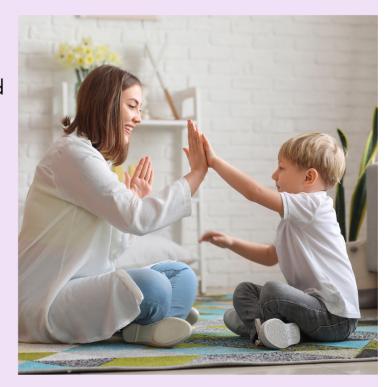
Haven Family Consulting offers relationship-based training for nannies and in-home caregivers, helping them understand children's emotional needs, reduce behavioral stress, and build calm, connected routines.

Trainings are rooted in early childhood development, attachment theory, and reflective practice.

#### What Nannies Learn

- Understanding what children's behavior is communicating
- Setting gentle, consistent boundaries
- Supporting emotional regulation and co-regulation
- Bullding secure, trusting relationships
- Managing big feelings (theirs and the child's) with grace
- Creating rhythms that support calm, connection, and growth

When caregivers feel seen, children feel safe.



#### Perfect for



Nannies & in-home caregivers



Families who want to strengthen their nanny's skills



Agencies wanting to offer traumainformed, relationship-based training

### Morgan Coburn, M.Ed.

Child & Family Consultant |

#### **Haven Famlly Consulting**

Infant & Early Childhood Mental Health Specialist (in training) Serving King County, Snohomish County, and beyond